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TEXAS BEHAVIORAL HEALTH

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## **ANNUAL REPORT FY 2010**



**Providing over 43 years of  
Quality Behavioral Health Care!**

[www.ttbh.org](http://www.ttbh.org)

***Our mission is to provide quality  
behavioral health care with respect, dignity  
and cultural sensitivity through the  
efficient and effective delivery of services.***

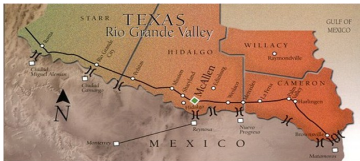


# Tropical Texas Behavioral Health FY 2010



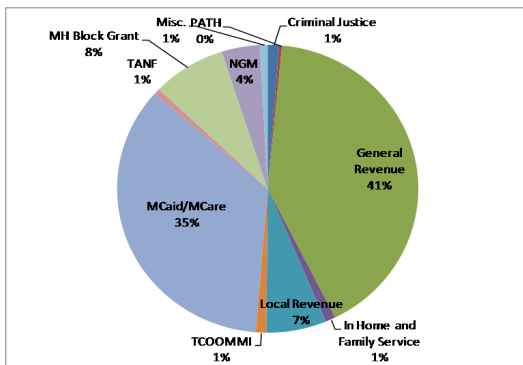
## Overview of Area

- TTBH's catchment area covers more than 3,000 square miles and includes Hidalgo, Willacy and Cameron Counties.
- In 2010, the total estimated population for the catchment area was 1,203,123 people: 22,134 in Willacy County; 406,220 in Cameron County; and 774,769 in Hidalgo County.
- Census data indicate that the population of the catchment area is 88% Hispanic/Latino, 10.8% Caucasian/Anglo, and 1.2% other; almost identical to TTBH's client population.
- 76% of the population earns less than \$10,000.



- 71% of TTBH's client population speak English, 29% speak Spanish only.
- 71% of TTBH's client population had no third party payor source.

## Financial Picture : \$38 Million Budget



## Client Services



TTBH provides the following services:

**Adult Mental Health:** target population are people with schizophrenia and related disorders, bipolar disorder, and major depression.

**Children's Mental Health:** 3-17 year olds with any Axis I Mental Health diagnosis and exhibit serious emotional, behavioral or mental disorder, and; serious functional impairment, or; risk of disruption to living environment, or; enrolled in special education due to serious emotional disturbance.

People with **Intellectual and Developmental Disabilities (IDD)** as defined by Texas Health and Safety Code; Pervasive Developmental Disorder, including Autism; and related conditions eligible for ICF/MR and waiver programs.

TTBH served 20,666 unduplicated clients in FY 2010. An additional 6,143 people were served through crisis services.

17,123 of Tropical's clients received mental health services and 3,417 were served in intellectual and developmental disabilities.

29% of Tropical's clients were 17 years of age or younger, 43% were between 18 and 40, and 28% were 41 years of age or older.

Average number of employees in FY 2010 was 460 full time and 28 part time.

## Goals Accomplished in FY 2010

The TTBH Board of Trustees set a bold course for the organization in FY 2010. Some of the major accomplishments include:

1. Major Funding Initiatives include the Veteran's Health Initiative Grant, Healthy Students/Safe Schools grants, juvenile detention contracts, jail contracts and Texas Youth Commission contract.
2. Community collaborations include Hurricane Alex response, various Memorandums of Understanding, and Intellectual and Developmental Disabilities roundtable.
3. Through additional funds awarded by DSHS, the number of children waiting for services decreased by 79%.
4. Effective February 2010, the service provision network was expanded with the initiation of services by the adult mental health provider organizations Wood Group and Atlantis Health Services.
5. Audit results have been solid for many years. There have been no significant findings in any audit (i.e.,: qualified opinions, directed plans of correction, vendor holds, sentinel events, immediate jeopardy, contract cancellations, license/certification suspension or cancellation, etc).

For more information about TTBH, please visit their website at [www.ttbh.org](http://www.ttbh.org)